



6135 McGIRR ROAD, NANAIMO, B.C. V9V 1M1

Newsletter

Telephone: (250) 756-4595 / Fax: (250) 751-3405

Website: www.doverbay.ca

for breaking news follow us on twitter @dover_bay

Mr. Don Balcombe
Principal

Mr. Scott Christianson
Vice-Principal

Ms. Theresa Kraeker
Vice-Principal

FEBRUARY/MARCH, 2019

DOVER BAY SECONDARY

The School Newsletter will be e-mailed to parents/guardians through MYED. It will also be available for students and parents to view on-line, on the Dover Bay website: www.doverbay.ca Paper copies will be available in the school office for pick up.

PRINCIPAL'S COMMENTS:

Dear Parents and Guardians,

As we enter the last week of school prior to Spring Break I encourage each of our students to spend a little extra time focusing on their studies, solidifying concepts that are still a little fuzzy, and finishing off assignments with more care and attention to detail. Natural breaks in the school year are more enjoyable without loose ends to worry about.

The break is also a great time to step back and examine both the joys in our lives and the stresses. What are you looking forward to most about the break? Sleeping in? Spending time with family and friends? Taking up a new hobby or returning to an old one? Whatever it is that gets you excited about the break, I hope it brings you joy, laughter, and a boost of energy.

Time over the break also provides us with the opportunity to reflect on the stresses in our lives, the struggles that can, at times, feel overwhelming. How well we handle these stresses is an important part of maintaining a healthy lifestyle. I encourage each of you to find ways to manage your stress in a positive and productive manner. For many, unplugging from social media, getting outdoors for some fresh air and exercise, and expressing gratitude to those around us are healthy ways to reduce stress.

With that in mind, have a wonderful break everyone and we will see you in April.

Kind Regards, Don Balcombe

IMPORTANT DATES

- Mar 6 Lock Down Drill at 12:30 pm
- Mar 12 Teacher/Parent Conferences 3:00 to 6:00 pm
(School dismisses early at 1:50 pm)
- Mar 15 last day of classes before Spring Vacation
(March 18 – 29 Spring Vacation)
- Apr 1 first day back after Spring Vacation
- Apr 11 Earth Quake Drill at 1:00 pm
- Apr 18 Semester 2 Term 1 ends
- Apr 19 Good Friday (STAT)
- Apr 22 Easter Monday (STAT)
- Apr 23 Semester 2 Term 2 begins
- Apr 25 English 12 Provincial Exam – 9 to 11 am
- Apr 26 Comm 12 Provincial Exam – 9 to 11 am
- Apr 29 Fire Drill at 12:15 pm
- May 10 School Based ProD – **students do not attend**
- May 20 Victoria Day Holiday **STAT**

FROM THE PAC

Thank you to all the parents who joined us for the February PAC meeting. Our next meeting will take place a week before Spring Break, on Tuesday, March 12 at 6:30 pm in the school Library.

If you are unable to make it but would like to stay in touch or ask questions, please go to our Dover Bay PAC FaceBook site, share your comments and invite other Dover Parents to join in.

Friendly reminder about our year round fundraiser with Cobs Bakery. Every time you get your bread or treat from Cobs – tell them you are a Dover Bay parent!

STUDENT COUNCIL

This February student council focused on our annual anti-bullying week. Along with decorating the school in pink, we held many activities from February 19th to February 22nd during lunch, to spread kindness in the school community.

Our activities included: a photo booth, face painting, a positivity wall, compliment battle, and a pay-it-forward scavenger hunt.

In March the popular intramural dodgeball will begin. Teams of students will go head-to-head during lunchtime to determine Dover Bay's 2019 intramural dodgeball champions!

PARENT/TEACHER CONFERENCES

Dover Bay will be hosting Parent-Teacher Conferences on Tuesday March 12th from 3:00-6:00 PM. This session gives parents and guardians the opportunity to meet with teachers individually to discuss progress in each course.

We will once again be using our online booking system for this purpose. Parents will sign-up online for five-minute appointments with each teacher they wish to see. An email will come out the week prior with the instructions for signing up for these appointments.

Students will have early dismissal at 1:50 PM on this day to allow for the 3:00 PM start.

COUNSELLING CENTER

Delta Language Challenge Marks

Students who wrote the Delta Language Challenge Exam and want their credits to show on their transcripts please drop off a paper copy of your official exam mark in the school office.

Report Cards

Just a reminder that report cards are available on your MYED Parent Portal. If you have not been able to access them yet please send an email to:

DV-FamilyPortalQuestions@sd68.bc.ca

Course Selection

Course requests for 2019/20 have taken place on February 20th. This was the initial step in the course selection process. No classes will be scheduled to students at this time. This is for students to show

interest in which courses Dover should offer. Students will have an opportunity in the spring to make adjustments to their requests once they have experienced their second semester courses as MYED will re-open for students April 11-15.

GRASP

Dover Bay Counselling is hosting the GRASP program. Do your friends come to you for advice? Are you interested in working with people? Are you a natural helper? GRASP is an interactive gatekeeper training program for students grades nine and above who are interested in learning skills to become effective Peer Helpers. Themes in the program address growth, resilience, acknowledgement, suicide awareness, prevention and planning. The program is after school for four weeks from 2:00-4:30 and begins on Feb 28. It is presented by the Vancouver Island Crisis Society. Please see information in the Counselling Center for application forms. Program dates: Feb 28, March 5, March 12, and March 14; In the Library.

RCMP Youth Camp

Interested in policing or emergency services? Experience 5 days of police skills training at the Central Island RCMP Youth Camp. This takes place from July 8th - 12 at NDSS and is open to grade 11 and 12 students. Come by the counselling area for more information.

Chosen students will attend the camp and experience a variety of activities that a police cadet would experience but in a capsulated format. Students will receive instruction and lectures in law, police tactics, social skills, physical training, self-defense and a variety of other topics. They will be involved in role playing scenarios where they will take on the role of a police officer. They will be required to work in a team and partake in all of the planned activities.

Meals, lodging and stationary will be supplied. A list of camp rules will be supplied to the successful candidates and any student not complying with these rules will be dismissed from the Youth Camp and sent home.

This camp is an excellent learning experience, but will be extremely challenging, both mentally and physically. If you have any questions, please contact:

Cpl Jana Rose, Nanaimo RCMP

250-754-2345

Katimavik is a life-changing experience for young adults to explore Canada, gain valuable skills and contribute to positive change through volunteerism. With more than 40 years of experience developing programs that respond to community needs and support youth development, Katimavik's mission is to engage and empower youth to become capable and confident citizens and leaders for a better Canada.

Youth ages 17 to 25 years old can participate in the Katimavik National Experience – a fully-immersive six-month program that allows young adults to discover two new regions of Canada while living three months in an English-speaking community and three months in a French-speaking community. This program is funded by the Government of Canada through its Canada Service Corps initiative, and all expenses are covered.

To learn more about the Katimavik National Experience, please visit: www.katimavik.org.

UVIC New Acceptance deadline:

- Effective immediately, students admitted to undergraduate studies at UVic for September 2019 will be asked to accept their offer of admission by **May 1, 2019**.
- This revised deadline is one month earlier than the previous acceptance date of June 1.

VIU CONNECTIONS

Various activities and program information sessions are happening over the next few months. Bookmark the VIU Events page to make sure you don't miss out. <https://www.viu.ca/events/>

Educational Advisor visits are happening regularly. We encourage you to check your counselling area for sign-up sheets so you don't miss out on these opportunities. Here are the dates that Jennifer Merner from VIU will be at Dover Bay:
March 6 group session, April 17, 18 or 23 one on one sessions, May 7 Web Registration

Dual Credit Information session:

Monday March 4, 6:30pm at VIU Bldg 356 Room 109 Will you be in grade 12 next year? Do you want to learn more about earning University Credits while still in High School? This unique program enables

university courses to be offered to current secondary students. Students successfully completing course(s) will receive dual credits: elective courses towards their Dogwood Diploma, as well as university credit course(s) with Vancouver Island University.

Discovery Night for Parents- Monday, March 4, 7-9 pm -Beban Park Auditorium

Get the resources and knowledge you need at your fingertips to support and empower your student as they plan for post-secondary. This event is for parents of high school students considering post-secondary. Have you ever asked yourself:

- Is a university education even necessary?
- If my student takes a gap year, does that decrease their chances of attending post-secondary?
- How am I going to pay for post-secondary, and what are ways to cut costs?
- How can I best support my student before and during their post-secondary journey?

Get answers to these questions and more!

It's Not Too Late – VIU Building 200

March 19, 20 9:00am-7:00pm and Saturday March 23 9:00-12:00pm Building 200

We are extending our hours to support future students. Our team will be here to support you.

How to connect with VIU:

- a. General inquiries connect with a Recruitment Officer at 250.740-6672 or viuconnect@viu.ca
- b. Visit our campus and take a tour to get a current student prospective on why VIU is for you. For registration and options: viu.ca/visit
- c. Students ready to plan for September 2019 connect with Advising at 250-740-6410 or contact Educational Advisor jennifer.merner@vviu.ca

Office hours: Monday 8:30-3:30pm, **Tuesday 8:30-6:00pm**, Wednesday 10:30am-3:30pm, Thursday 8:30-3:30pm, Friday 8:30-3:00pm

- c. Application status and documentation questions connect with the Registration Centre at 250.740.6400 or registration@viu.ca

Jennifer Merner

Educational Advisor, Coordinator

VANCOUVER ISLAND UNIVERSITY ADVISING CENTRE

ISLAND CONNECT-ED

As a result of the upcoming curriculum change for grade 11 and 12 courses, all Island ConnectEd grade 11 and 12 courses will end at marks cut-off in June. We want to ensure students are not surprised by this firm deadline for Grade 11 and 12 course completions. It does mean that any grade 11 or 12 courses that are not completed by marks cut-off in June will be given a final grade of "Withdrawn".

Students requiring their courses for graduation should make certain that their courses are completed on time. Any students still requiring the course may enroll in the new version of the course the following year.

Due to the firm June end date, course requests for grade 11 and 12 level courses will be closed as of March 1, 2018 (with the exception of Keyboarding 11, PE 11 and PE 12 which close on February 15, 2019). This gives students two weeks to become active in their studies prior to Spring Break. *So ... If you are looking at enrolling in more grade 11 and 12 level courses, please be sure to request the course prior to March 1!*

Patrick Young/*Principal*
Island ConnectEd K-12

DOVER BAY ATHLETICS

Winter sports are quickly coming to an end and what a season it has been. Dover athletes have made the school proud at all levels of Basketball. All three of our grade 8 girls teams represented well at the District Championships placing 1st, 3rd, and 6th. The grade 8 boys won the District Championships and are off to Provincials Feb. 22/23rd at Semiahmoo. Our junior boys won Districts and North Islands and hosted a very classy three day Island Championship here in Dover's gym. Our grade 9 boys are off to Islands Feb. 22/23rd and the girls' team are off to Provincials. Our senior girls basketball team competed very well in the AAA league with only grade 10s and 11s this year. We are looking forward to what they will bring next year. Our Senior Boys Basketball team finished 2nd in the North Islands and are heading to Islands Feb. 21st, 22nd, & 23rd in Victoria. We had 4 club gymnasts compete for Dover at the High School Provincial Qualifier and 3 qualified and will compete next month Mar. 7-8th in Delta. We also have two

very promising club wrestlers heading to the BC High School Wrestling Championships Feb. 17-19th in Langley. #doverpride

Next up is the Spring Season: Girls Soccer, Track & Field, Badminton, Golf, and Rugby. For all tryout information and team contacts, please check the Dover Athletics website found as a link on our www.doverbay.ca webpage.

Heidi McWhinnie/Athletic Director

SOFTBALL ACADEMY

REGISTRATION for the Baseball Academy and Softball Academy have begun.

Registration is available at the School District 68 website.

We are happy to announce that both Academies will be able to utilize the outdoor batting cage; construction by the district should commence soon. Please email Kanderson@sd68.bc.ca with any inquiries.

Kerry Anderson/Academy Director

ISLAND HEALTH MEASLES INFORMATION

Information for Students and Families.

With the outbreak of measles in Vancouver, BC, families may be wondering what steps they can take to protect themselves from measles. Vaccination is the best method of protection. All school age children and adults born in 1970 or later should have 2 doses of MMR vaccine for full protection. Most people born before 1970 are immune to measles because of past exposure or disease. Please take some time to check your vaccination records to see if you or your children need additional vaccination. Vaccination is available from physicians, pharmacists (for adults and children over 5 years), and public health units (for children). Call ahead to your healthcare provider to ensure that MMR is available at your appointment. More information about measles and MMR vaccine can be found at healthlinkbc.ca and immunizebc.ca.



MEDICAL HEALTH OFFICER - for CENTRAL ISLAND - NANAIMO
Paul Hasselback MD, MSc, FRCPC 3rd Floor
6475 Metral Drive Nanaimo, BC V9T 2L9
Ph: 250.739.6304



NANAIMO LADYSMITH
PUBLIC SCHOOLS

Learning Services Appreciative Inquiry
March 11, 2019

Dear Parents and Guardians:

Nanaimo Ladysmith Public Schools (NLPS) will undertake an Appreciative Inquiry of the supports it provides to students in order to determine exemplary practices, and how the district can promote these practices in Kindergarten to Grade 12.

The district is currently examining available sources of data but may engage Learning Support staff through focus groups, face-to-face meetings, and/or online surveys by asking such questions as:

How are we meeting the needs of and enriching the support of our diverse learners?

What are the exemplary and high-impact support services across the district?

Key elements of the Appreciative Inquiry process will:

- Focus on continuous improvement for all students, including students with special needs;
- Analyze evidence about educational programs, including special education programs and services;
- Ensuring programs and services align with the NLPS Learning Framework and the Board's goals; and,
- Determine specific recommendations to address goals that may include both strategies and structures.

The Appreciative Inquiry will begin engaging staff in March and will continue until the end of April 2019. The Steering Committee will develop a draft report in June and present to the Board of Education in September.

Sincerely,

Department of Learning Services