**Wednesday, November 8, 2023**

**‘uy netulh Dover Bay**

**Hul’q’umi’num word of the week** is la’lum’uthut, [LAWT-lum-uh-thut, which means to take care of yourself really well. Hay ce:p q’u Dover Bay , remember that this school is a community and that we need each other, so please la’lum’uthut.

**Attention Indigenous Students in grades 10 – 12.** VIU will be coming to iyus Lelum **TODAY** in D block to talk about options for programs and services. Snacks will be provided. If you are interested, please confirm with Michelle or Tawni in room C104.

**Dover Bay spirit wear** is now available for purchase. You have until November 13th to place your order.

**Athletics** Dover Bay will be hosting the Senior boys Volleyball North Islands tournament! Dover’s Senior boys’ team will be playing today at 5:30 PM against Carihi Secondary and 6:30 PM against NDSS. Please come and join us in the gym to show your support and cheer them on!

**Eco Club -** The Energy Cup has started officially; it is a district wide competition to conserve energy. The winner gets $2500 to put toward energy saving initiatives. To win this competition we need your help! Come to our general meeting today to learn more on how to participate and let’s win this together.

**The following clubs for today**

Coding Club will take place tomorrow at lunch in room E108.

Junior Girls Club is postponed until next week.

Finance Club will be running today at lunch in room E102.

Impact Club today at lunch.

Math Contest Club at lunch D213.

Model UN Club at lunch in room E109.

Red Girl Rising Boxing room E111.

Wrestling at the Old Harewood Elementary School Gym after school.

Writing Club at lunch in room E210.

**Cafeteria:**  Teacher’s lounge is **OPEN** today.

Today’s menu is, Chicken Burger for $5.00, Mushroom Bolognese Served with Italian Bread and Side Salad for $7.75 and the Sandwich of the Week is a Turkey Club for $5.00.

**Huy cep:qa Dover Bay and have a great day!!!**