



DOVER BAY SECONDARY
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January 8, 2021



ERASE Bullying

A confidential and anonymous, online reporting tool for students.

Online parent resources at:

www.erasebullying.ca

The School Newsletter is available to students and parents to view on-line, on the Dover Bay website: www.doverbay.ca
It will also be emailed to parents/guardians through MyEdBc. If you would like a paper copy, please have your child pick it up from the office.

**Welcome
back!**

DOVER BAY VISION AND VALUES

VISION

**Education that
inspires our community to be
KIND, CONNECTED and RESILIENT
for a changing world.**



- Lifelong Learning
- Critical and Creative Thinking
- Diversity
- Cooperation
- Empathy
- Perseverance
- Responsibility

**Vision and Values developed with input from Staff, Students and Families in the Fall of 2020.*

FROM THE PRINCIPAL

Hello Dover Bay Community, welcome to our first newsletter of 2021.

We all hope that this year will be an improvement over last year and that we will be able to eventually put this pandemic behind us. Due to Covid 19, we have had a significant number of students opt out of their Dover Bay timetable, for Island Connect Ed courses, and other platforms to continue their education during this pandemic. My primary concern is that we will have students fall off the pace for course completion, or for our grade twelves, who may fall off their grad path. To minimize the negative impact of the pandemic on students, parents should ensure they are communicating regularly with their children, our school staff, and Island Connect Ed. Dover Bay staff are working diligently to ensure students are well supported and we will have plans in place to support students for the duration of the school year so course work can be successfully completed.

Take care everyone and here's to a positive and peaceful 2021.

Geoff Steel/Dover Bay Principal

IMPORTANT DATES

Jan 19	PAC virtual MTG at 6:30 pm
Jan 21	Fire Drill (A Block) 10:15 am
Jan 25-29	Numeracy/Literacy Assessment
Jan 28	Last Day of Regular Classed for Q 2
Jan 29	Quarter 2 Ends Turnaround Day (students do not attend)
Feb 1	Quarter 3 Begins
Feb 10	Grade 9-12 Report Cards on MyEd
Feb 11	Pro D Day – District (students do not attend)
Feb 12	Pro D Day – School Based (students do not attend)
Feb 15	Family Day (no school)
Feb 18	Fir Drill (B Block) 1:00 pm
Feb 19-20	Grad Photos Retakes - MPR
March 9	Early Dismissal at 1:50 (Mid-Term Communication)
March 11	Parent/Teacher conferences 4-5:30pm
March 13-28	Schools closed for Spring Break

SAFETY

Thank you to all students and staff for following our health and safety guidelines daily. As there continues to be signs of COVID in our Nanaimo community, it is imperative that we continue to stay home when sick. Wash and sanitize our hands regularly. Use correct entry and exit points, wear masks in common areas and maintain social distance from each other whenever possible. Our break times and lunch times are a concern for all of us. We are relying on all of our students to make good decisions and stay safe, follow the rules, when interacting with friends from other cohorts. Our Dover Community thanks all of you for your efforts to follow the guidelines so we can stay safe and healthy.

REPORT CARDS

Quarter 2 report cards for Grades 9-12 students will be published on the student and parent MyEd Portal online on Wednesday, February 10th. To view report cards, visit the full site here:

<https://www.myeducation.gov.bc.ca/aspn>

Click on the pdf link to open the file (see image below). Email if you need assistance.



TRAFFIC SAFETY

Traffic Safety: Student Drop Off and Pick-Up

The Dover Bay parking lots are extremely busy before and after school, and the safety of everyone is our priority. To help with this, we ask that when students are being dropped off and picked up that the proper areas are used.

Students should be dropped off and picked up in the MAIN PARKING LOT ONLY.

To access this, enter off McGirr Road (near the McGirr Field Sport Complex) and follow the outside of the parking lot to the drop off area adjacent to the bus loop. There are then two exits: the first near the front portable, is a right turn only, and the other near the McGirr Fields is a right/left turn exit.

Please do not drive your vehicle into the entrance for the bus loop or enter the fire lane parallel to McGirr Road. We also ask that you do not park anywhere with a yellow curb.

We thank you for your help in keeping everyone safe.

Scott Christianson

Vice Principal

COURSE SELECTION FOR 2021-2022

Dover Bay students will be starting to prepare for next September this month. In preparation for this, we ask that all students ensure they can login to MyEd so that when counsellors visit classes, students are able to access and select the courses they want for next year

Dover Bay is gearing up to run our students through their course selection for next school year. This process is very important and it is essential that students take the time to make their selections wisely. Our school timetable and teacher assignments are all determined based upon student course selection. Although we do not know if we are going to be running a quarter or semester system for next year, we will be following our typical process as we prepare to build our course offerings for next year. It is important that students are in attendance for the dates below as they will be guided by our counselling team through this process.

For your reference, here is the summary of Course Selection Dates:

- Feb 3 – Feb 10 Grade 8
- Jan 11 – Feb 2 Grade 9
- February 4 Grade 10-11
- February 8 Grade 10
- February 9 Grade 11
- TBD Grade 7

MyEd BC PARENT PORTAL

Parents can view student report cards, attendance, timetables and information on the MyEd portal at any time. To login directly to [MyEd](#), click on “Quick Links” found in the top right corner of our school [website](#). For instructions on how to login to MyEd, go to Dover Bay [website](#), click on “Parents and Students”, scroll down to MyEd and you will find this link:

DV-FamilyPortalQuestions@sd68.bc.ca

If you have any questions, call Mireille Foulem at 250-756-4595 and she would be happy to help you.

Kim Hart Vice-Principal

COUNSELLING CENTRE

Graduation Program Planning and Course Requests for 2021/22

Before you go any further make sure your student has access to their MYED account. If they do not they will be unable to complete their course selection. If you need help with this see details below in the Important Dates section.

Dover Bay Counsellors and Mrs. Webb will be supporting students in completing their online course selection for the 2021/2022 school year starting soon until February 12th, the final deadline. The course selection booklet with a complete description of courses is available on the Dover Bay website.

Course requests for current grade 8 and 9 students, for the 2021/22 school year, will take place in mid January. Mrs. Webb will be coming into classrooms to help students complete their course selections. Students will enter their course selections online, into MYED.

Graduation program planning and course requests for current grade 10 and 11 students, for the 2021/22 school year, will take place in early February. It is essential that students make informed choices when completing their course selection. Please be sure to view the informational course selection Teams presentation prior to making course selections for next year. This presentation can be found on the Dover Bay Counselling website or by clicking [here](#).

Important Dates for Graduation Program Planning and Course Selection

January 8 - [MYED](#) early bird access to enter student course requests

January 11 and 12 - All students must confirm they can login with their password to MYED. **Do this by January 12.** Come to the office or email mfoulem@sd68.bc.ca for assistance.

January 11 - February 10 - Grade 8 and 9 students will complete their course requests during their careers class time in January and early February.

February 4 (at 10:30 am) - Graduation Program Planning Presentations for grade 10 & 11 students (in class via Teams) - Graduation Program Planning Presentations for Parents of grade 10 & 11 students available online on

February 4 after 4pm. [Click here](#) for access to the presentation.

February 8, 9, and 10 - Grade 10 & 11 students entering course requests in MYED during class time with Counsellor assistance

February 12 - MYED Course Selection Deadline. All student course selections need to be finalized in MyEd by this deadline.

Date TBD - Grade 7 students going into Grade 8 will be receiving course selection information through email by mid-January

** If you are learning from home at this time please make sure to access this information and complete your course selections by February 12.*

Post-Secondary Applications

Grade 12 students who are planning on going to a post-secondary program next year should be starting their application process now. Some universities, like UBC, have an application deadline as early as January 15, 2021. Others, like VIU, base registration dates on when applications are received. Go to the university websites for more information and go to educationplannerbc.ca to get the applications started.

Career Technical Center (CTC) Programs

Grade 11 students who are hoping to attend the CTC's [Train in Trades](#), the [Explore Trades Sampler](#), or the [Careers Certificate](#) program in their grade 12 year should be getting their applications in now. Some of the CTC programs have become very popular and are filling up quickly. See your counselor or the [CTC website](#) for more information.

VIU Dual Credit Program

Are you in grade 11? Are you an excellent and motivated student? Would you like to start your university career early while earning credit toward graduation?

If this sounds like you, then apply to become a [Dual Credit Enrichment](#) Student! Dual Credit enrichment is a partnership program with Vancouver Island University that allows you to take up to 4 courses in your grade 12 year and the district pays the tuition! Courses have been offered in Sociology, Psychology, Digital Media, Art, Creative Writing, Journalism, History, Indigenous Studies, English and many additional subjects! See your counselor or the [CTC website](#) for more information.

Huy ch q'u *Burton Wei*
Dover Bay Secondary Counsellor

CANADIAN UNIVERSITY EVENT (CUE)

CUE BC Winter Edition will be more focused on drop-in chats and Q&A so that students can get quick answers to their questions. Any high school student from anywhere in BC is invited to join us and connect with nearly 50 Canadian Universities all in one place!

Dates:

Wednesday, January 20th & Thursday, January 21st

Time: 4 pm – 7 pm PST

Where: [CUE Website \(cuebc.org\)](#)

Cost: FREE! But registration is required

Virtual Programs Offered by Boys and Girls Clubs

The Boys and Girls Clubs of Central Vancouver Island provides experiential learning environments that inspire children, youth and families of diverse abilities to acquire and develop the critical cognitive, emotional, and social skills needed to become resilient and contributing members of society.

They are currently offering the following virtual programs: Flex Your Head, Generation Q, Purple Girlzillas, Parents Together, Parenting Without Power Struggles.

To register, go directly to:

[www.bgccvi.com]www.bgccvi.com

and click on 'virtual programs'.

	Parents Together Tuesdays from 12:00 PM - 1:30 PM Parents Together is an ongoing professionally-facilitated education and group support program for parents who are experiencing challenges while parenting a teen. In a non-judgmental setting, the program helps parents address those feelings and develop new skills and knowledge that can help decrease conflict in the home. Program opens January 12, 2021.
	Flex Your Head Tuesdays from 6:30 PM - 8:30 PM The Flex Your Head program was developed to help youth think about, talk about and understand issues of mental health and wellness within a safe, fun and welcoming environment. In an active, peer-based online format, youth are given the knowledge, skills and strategies to cope with stress and distress and promote mental health and wellness for themselves and those around them. Program opens January 21, 2021.
	Generation Q Wednesdays from 6:30 PM - 8:30 PM Our mission is to create a safe, supportive, and inclusive space that allows youth to connect, and openly express their concerns regarding issues impacting their lives and the LGBTQI2SAA community. We have an obligation to talk openly and honestly about issues facing queer youth, and work together to do everything we can to eliminate those fears and work together to initiate positive change. Program opens January 6, 2021.
	Parenting Without Power Struggles Thursdays from 6:30 PM - 8:30 PM Parenting Without Power Struggles is a professionally facilitated education and group support program for parents of preteens. Over 10-weeks, the program encourages parents to build on their family strengths, gain confidence in parenting an emerging teen, and discover practical ideas on how to prepare for the transition from preteen to teen. Program opens January 14, 2021.
	Purple Girlzillas Fridays from 6:30 PM - 8:30 PM The Purple Girlzillas Program encourages rich and supportive friendships between young girls aged 8-12, with opportunities to develop self-esteem, self-efficacy, and self-worth. Girls who are in positive, female only programs, are less likely to take part in risky behaviour. Program opens January 8, 2021.

VIU VIRTUALLY



Experience VIU Virtually

Join us online to learn more about Vancouver Island University in this informative and fun open house-style event. While things may be different this year, we're committed to helping you choose a program, discover the many services and supports available to you as a student, and get your questions answered.

Click on the link for more information and to register: <http://viu.ca/experience> and then drop in during any of the below times:

Saturday, January 16, 2021 from 9:00 am – 2:00 pm
Wednesday, January 20, 2021 from 1:00 – 6:30 pm
Thursday, January 21, 2021 from 1:00 – 6:30 pm

Please note, if registering on behalf of a group or class, each participant must register individually in order to be entered to win the tuition credit.

Future Student Information Sessions

Wednesday, January 13, 2021 at 6:30 p.m.
- https://viu.zoom.us/webinar/register/WN_uto0E65ESu0eB7Q3I0jFYQ

Tuesday, February 9, 2021 at 6:30 p.m.
- https://viu.zoom.us/webinar/register/WN_g900j2ZSQfyq1D_MtT4rZA

Future Student Parent Nights

Tuesday, January 26, 2021 at 6:00 p.m.
- https://viu.zoom.us/webinar/register/WN_QI6TQQxFQ1C6AKTA4Sv4og

Wednesday, March 15 at 6:00 p.m.
- https://viu.zoom.us/webinar/register/WN_V7yQeRDOs-qaARjxukYAdA

Student Experience Panels

Tuesday, January 19, 2021
- https://viu.zoom.us/webinar/register/WN_Us4SdDb6R0Cv7D_a4_UMhg

Monday, February 22, 2021

- https://viu.zoom.us/webinar/register/WN_EYRuZ7eiS-2Px0hNBbDSSw

To learn more about our upcoming events, visit:
<http://viu.ca/recruitment-events>

We invite you to include this information in your school newsletter for parents and students and to reach out with any questions or concerns.

Check out our programs and services [here](#).

Enter to win a \$2,500 tuition credit

<https://info.viu.ca/whats-next/>

Kind Regards -Recruitment | Office of Future Students
Vancouver Island University

STUDENTS COUNCIL

All of January, Students Council will be collecting cash donations for Loaves and Fishes. This will take place instead of our annual can drive that provides families in our community with food during these tough months. Loaves and Fishes is able to purchase about \$6 worth of food for every dollar donated, we encourage you, if you are able to, to send your child to school with a donation. This donation means a lot to the community and if your child's class raises the most, they will win a class prize. Thanks from the Student Council.

A NOTE FROM THE DOVER BAY PAC

We hope everyone starts the New Year refreshed after a much needed break. During the December meeting, Principal Geoff Steel presented the new Dover Bay Vision of Statement and Values. We appreciate the extra effort, input, time and consideration that went into putting it together. The new vision statement and values are a great fit for our school. Thank you to everyone who participated in the process. The next virtual Dover Bay PAC meeting is:
Tuesday, January 19 at 6:30 pm on Microsoft Teams. A link will be sent out prior to the meeting. Everyone welcome. Hoping to meet in person at some point soon, in meantime, join us from the comfort of your own home! If you use Facebook, join the Dover Bay PAC page, link through the school website.

2020-2021 YEARBOOKS

Please note that Jan. 29th will be the last day to pre-order your 2020-2021 yearbook. Please visit: <https://nlps.schoolcashonline.com/> to order your yearbook. There will be very limited extras available so to avoid disappointment – please order today. If you have any questions, please contact the office.

GATHERING OUR MEDICINE

Online Parent Program

Indigenous CYMH is running another round of Gathering Our medicine in the new year with First Nations Health Authority.

This group is open to ALL parents, caregivers or soon to be parents in the community. If 6 out of the 9 sessions are attended, the participants receive a certificate at the end.

NUMERACY/LITERACY ASSESMENT SCHEDULE

In the last week of January, the following graduation assessments will occur. It is important that all students are in attendance on this date as this assessment(s) is a graduation requirement. These assessments focus on the demonstration and application of numeracy and literacy.

Mon, Jan 25

8:30 – 12:00 Grade 11/12 Numeracy 10 in Rm C102

Mon, Jan 25

12:00 – 3:00 Grade 11 Literacy 10 in Rm C102

Tues, Jan 26

8:30 or 12:00 All Grade 10's Literacy Assessment

Wed, Jan 27

8:30 or 12:00 All Grade 10's Numeracy Assessment

It is strongly recommended that students try the sample assessment online (links below) to become familiar with the assessment format, instructions and navigation:

- [Grade 10 Numeracy Assessment](#) (graduation requirement)
- [Grade 10 Literacy Assessment](#) (graduation requirement)
- [Grade 12 Literacy Assessment](#) (graduation requirement starting in 2021/2022)

GRAD PORTRAIT SESSIONS & RETAKES

Miss out on scheduling a Grad Portrait session or need a retake? No problem! Lifetouch will give you another chance on February 19th and 20th for grad photos on location at Dover Bay Secondary. To schedule an appointment please go to: [schedule.prestigeportraits.ca](https://www.schedule.prestigeportraits.ca)

If you need help scheduling your grad photo session DO NOT contact the school, please call Lifetouch at 250-738-0983 ext.2 during office hours Monday to Friday 8am-3pm.

Lifetouch

There is more.....



GATHERING OUR MEDICINE

Join us for an 9-week online parent program!

Gathering Our Medicine is a unique program for caregivers of Indigenous youth. This program honors Indigenous ways of knowing and being while looking at how this naturally provides for our youth's relationship needs, develops resilience and ensures emotional health. The program runs once per week and covers a range of topics as follows:

- Week 1 - A Warm Welcome and The Journey Ahead
- Week 2 - The Healing Power of Cultural Rituals
- Week 3 - Strengthening Relationships Through Gathering Rituals
- Week 4 - Nature's Plan for Growth
- Week 5 - Reducing Separation Through Continuity Rituals
- Week 6 - Recovering Resilience Through Grieving Rituals
- Week 7 - Ritualized Forms of Expression for Aggression & Anxiety Problems
- Week 8 - Bringing Together Our Kinship Circle Through Introduction Rituals
- Week 9 - Honoring Our Youth and Kinship Circle- Celebration Ceremony

Dates: January 26, 2021 - March 23, 2021 **Time:** 1:00 – 2:30pm (90 minutes)

Location: Join this Zoom meeting from your phone or computer (copy and paste this link)
<https://gcu.zoom.us/j/96023300788>

Or join by phone:
1-778-907-2071
Meeting ID: 960 2330 0788

For more information or to register please email, text or call:
Trishia Unrau 250-268-4716 Leah Taylor 250-668-7483
trishia.unrau@gov.bc.ca leah.taylor@gov.bc.ca

Dover Bay Eco Club

Think globally, act locally



Happy new year!

Hope everyone had a wonderful winter break and are excited to be back at school. On top of our usual Thursday **paper recycling and school cleanup**, we're excited to kickstart the year with the return of **Energy Ambassadors!** Energy Ambassadors is an annual school district-wide energy conservation competition to see which school can save the most energy. We will be doing light and water audits after paper recycling every Thursday after school and will also be filming for **elementary school presentations** as part of our mission to promote environmentalism in the school curriculum.

We are also preparing for our first ever **Spring Seed Sale fundraiser!** We will be selling seeds organically produced and harvested from our very own Food Forest. We are currently looking for students to help us with this project, and there is a place for everyone! If you find yourself interested in graphic designs, videography, video editing, gardening, research, or just want to hang out and get volunteer hours, make sure to come to our Food Forest sessions on Monday and Tuesdays after school. Keep an eye out in newsletters, emails, announcements, and posters for more information on this seed sale. See you this Spring!

Furthermore, we are accepting applications for **Leadership positions** in the Eco Club. Leaders can have the freedom to take initiative on their own ideas and apply their talents, lead teams, or help out with the Execs. We are recruiting Leaders from grades 8-12, so if you are interested in becoming a leader please join our Google Classroom or any of the contact pages below for the application form.



a64wlsn



Dover Bay Eco Club Members Past and Present



doverbayecoclub.weebly.com



@doverbayecoclub